

## Senior Center Activities Calendar February 2024



MON	TUE	WED	THU	FRI
			Coffee & Chat 9:00am-11;30am Bingo/Games/Cards 12:30pm-3:00pm	Coffee & Chat 9:00am-11:30am  Tax Prep Assistance 12:00pm-3:00pm  Bingo/Games/Cards 12:30pm-3:00pm
5 Morning Stretch 10:00am-11:00am Tax Prep Assistance 12:00pm-3:00pm Bingo/Games/Cards 12:30pm-3:00pm	6 Morning Stretch 10:00am-11:00am Bingo/Games/Cards 12:30pm-3:00pm Drum Fit 1:00pm-2:00pm	7 Morning Stretch 10:00am-11:00am  Tax Prep Assistance 12:00pm-3:00pm  Bingo/Games/Cards 12:30pm-3:00pm	8 Morning Stretch 10:00am-11:00am Bingo/Games/Cards 12:30pm-3:00pm ZUMBA 1:00pm-2:00pm	9 Morning Stretch 10:00am-11:00am Tax Prep Assistance 12:00pm-3:00pm Bingo/Games/Cards 12:30pm-3:00pm
12	Morning Stretch 10:00am-11:00am  Bingo/Games/Cards 12:30pm-3:00pm  Drum Fit 1:00pm-2:00pm	14 Morning Stretch 10:00am-11:00am  Valentine's Day Celebration Catered by Mario's 11:30am-3:30pm  Tax Prep Assistance 12:00pm-3:00pm	Morning Stretch 10:00am-11:00am  Bingo/Games/Cards 12:30pm-3:00pm  ZUMBA 1:00pm-2:00pm	16 Morning Stretch 10:00am-11:00am  Tax Prep Assistance 12:00pm-3:00pm  Bingo/Games/Cards 12:30pm-3:00pm
Closed  Presidents  A DAY  **  **  **  **  **  **  **  **  **	Morning Stretch 10:00am-11:00am  Bingo/Games/Cards 12:30pm-3:00pm  Drum Fit 1:00pm-2:00pm	21 Morning Stretch 10:00am-11:00am  Tax Prep Assistance 12:00pm-3:00pm  Bingo/Games/Cards 12:30pm-3:00pm	Morning Stretch 10:00am-11:00am  Bingo/Games/Cards 12:30pm-3:00pm  ZUMBA 1:00pm-2:00pm	Morning Stretch 10:00am-11:00am  Tax Prep Assistance 12:00pm-3:00pm  Bingo/Games/Cards 12:30pm-3:00pm
Book Club 9:00am-10:00am  Morning Stretch 10:00am-11:00am  Tax Prep Assistance 12:00pm-3:00pm  Bingo/Games/Cards 12:30pm-3:00pm	Morning Stretch 10:00am-11:00am  Bingo/Games/Cards 12:30pm-3:00pm  Line Dance Class 1:00pm-2:00pm	Morning Stretch 10:00am-11:00am  Tax Prep Assistance 12:00pm-3:00pm  Bingo/Games/Cards 12:30pm-3:00pm	29 Morning Stretch 10:00am-11:00am Bingo/Games/Cards 12:30pm-3:00pm ZUMBA 1:00pm-2:00pm	



## Senior Center Lunch Menu February 2024



5 Cheese Manicotti Meatballs Chicken Noodle Soup  12 Meatloaf Mashed Potatoes & Gravy  13 Stuffed Shells Meatballs Meatballs  Meatballs  Meatballs  Meatballs  Meatballs  Meatballs  Meatballs  Meatballs  Meatballs  Meatballs  Meatballs  Meatballs  Meatballs  Meatballs  Chicken Pot Pie  Closed  Chicken Salad Platter  Chicken Salad Platter  20 Chicken Salad Platter  Chicken Salad Platter  Macaroni & Cheese  Applesauce  Coleslaw  22 Chicken Tenders Macaroni & Cheese  Applesauce  Coleslaw  24 Crab Cakes  French Fries  Coleslaw  25 Cheeseburgers  Coleslaw					
BBQ Chicken   Sausage, Pepper and Onions	MON	TUE	WED	THU	FRI
Cheese Manicotti Meatballs Chicken Noodle Soup  12 Meatloaf Mashed Potatoes & Gravy  13 Stuffed Shells Meatballs  Meatballs  14 Valentine's Day Celebration  15 Chicken Pot Pie  16 Fried Shrimp Applesauce Coleslaw  19 Closed  19 Closed  Chicken Salad Platter  Chicken Salad Platter  20 Chicken Salad Platter  21 Stuffed Cabbage  Chicken Tenders Applesauce Coleslaw  22 Chicken Tenders Applesauce Coleslaw  23 Crab Cakes French Fries Coleslaw				BBQ Chicken	Sausage, Peppers,
Meatloaf Mashed Potatoes & Gravy  Stuffed Shells Meatballs  Valentine's Day Celebration  Chicken Pot Pie  Applesauce Coleslaw  Chicken Salad Platter  Chicken Salad Platter  Stuffed Cabbage  Chicken Tenders Applesauce Coleslaw  23 Crab Cakes French Fries Applesauce Coleslaw  26 Cheeseburgers  Chicken Salad Platter  27 28 29	Meatballs	Salisbury Steak  Mashed Potatoes &	Baked Penne Pasta	Sauerkraut	Applesauce
Chicken Salad Platter  Chicken Salad Platter  Chicken Salad Platter  Stuffed Cabbage  Applesauce  Chicken Tenders  Crab Cakes  French Fries  Coleslaw  26 Cheeseburgers  27 28 29	Meatloaf  Mashed Potatoes &	Stuffed Shells	Valentine's Day		Applesauce
Cheeseburgers	Closed  HAPPY:  Closed  Closed	Chicken Salad		Macaroni & Cheese	French Fries
French Fries Vegetable Lasagna Coleslaw  Vegetable Lasagna Egg Noodles Pasta	French Fries		Beef Stew	Chicken Florentine	