



Senior Center Activities Calendar February 2024



MON	TUE	WED	THU	FRI
			1 Coffee & Chat 9:00am-11:30am Bingo/Games/Cards 12:30pm-3:00pm	2 Coffee & Chat 9:00am-11:30am Tax Prep Assistance 12:00pm-3:00pm Bingo/Games/Cards 12:30pm-3:00pm
5 Morning Stretch 10:00am-11:00am Tax Prep Assistance 12:00pm-3:00pm Bingo/Games/Cards 12:30pm-3:00pm	6 Morning Stretch 10:00am-11:00am Bingo/Games/Cards 12:30pm-3:00pm Drum Fit 1:00pm-2:00pm	7 Morning Stretch 10:00am-11:00am Tax Prep Assistance 12:00pm-3:00pm Bingo/Games/Cards 12:30pm-3:00pm	8 Morning Stretch 10:00am-11:00am Bingo/Games/Cards 12:30pm-3:00pm ZUMBA 1:00pm-2:00pm	9 Morning Stretch 10:00am-11:00am Tax Prep Assistance 12:00pm-3:00pm Bingo/Games/Cards 12:30pm-3:00pm
12	13 Morning Stretch 10:00am-11:00am Bingo/Games/Cards 12:30pm-3:00pm Drum Fit 1:00pm-2:00pm	14 Morning Stretch 10:00am-11:00am Valentine's Day Celebration Catered by Mario's 11:30am-3:30pm Tax Prep Assistance 12:00pm-3:00pm	15 Morning Stretch 10:00am-11:00am Bingo/Games/Cards 12:30pm-3:00pm ZUMBA 1:00pm-2:00pm	16 Morning Stretch 10:00am-11:00am Tax Prep Assistance 12:00pm-3:00pm Bingo/Games/Cards 12:30pm-3:00pm
19 Closed HAPPY Presidents DAY	20 Morning Stretch 10:00am-11:00am Bingo/Games/Cards 12:30pm-3:00pm Drum Fit 1:00pm-2:00pm	21 Morning Stretch 10:00am-11:00am Tax Prep Assistance 12:00pm-3:00pm Bingo/Games/Cards 12:30pm-3:00pm	22 Morning Stretch 10:00am-11:00am Bingo/Games/Cards 12:30pm-3:00pm ZUMBA 1:00pm-2:00pm	23 Morning Stretch 10:00am-11:00am Tax Prep Assistance 12:00pm-3:00pm Bingo/Games/Cards 12:30pm-3:00pm
26 Book Club 9:00am-10:00am Morning Stretch 10:00am-11:00am Tax Prep Assistance 12:00pm-3:00pm Bingo/Games/Cards 12:30pm-3:00pm	27 Morning Stretch 10:00am-11:00am Bingo/Games/Cards 12:30pm-3:00pm Line Dance Class 1:00pm-2:00pm	28 Morning Stretch 10:00am-11:00am Tax Prep Assistance 12:00pm-3:00pm Bingo/Games/Cards 12:30pm-3:00pm	29 Morning Stretch 10:00am-11:00am Bingo/Games/Cards 12:30pm-3:00pm ZUMBA 1:00pm-2:00pm	

Subject to change



Senior Center Lunch Menu February 2024



MON	TUE	WED	THU	FRI
			1 BBQ Chicken Macaroni & Cheese	2 Sausage, Peppers, and Onions
5 Cheese Manicotti Meatballs Chicken Noodle Soup	6 Salisbury Steak Mashed Potatoes & Gravy	7 Baked Penne Pasta with Sausage	8 Hot Dogs Sauerkraut Macaroni & Cheese	9 Crab Cakes Applesauce Coleslaw
12 Meatloaf Mashed Potatoes & Gravy	13 Stuffed Shells Meatballs	14  Valentine's Day Celebration	15 Chicken Pot Pie	16 Fried Shrimp Applesauce Coleslaw
19  Closed HAPPY Presidents DAY	20 Chicken Salad Platter	21 Stuffed Cabbage	22 Chicken Tenders Macaroni & Cheese Applesauce	23 Crab Cakes French Fries Coleslaw
26 Cheeseburgers French Fries Coleslaw	27 Vegetable Lasagna	28 Beef Stew Egg Noodles	29 Chicken Florentine Pasta	

Subject to change